


MARCH 2025

Mon	Tue	Wed	Thu	Fri	
<p>3</p> <p>LABOUR DAY PUBLIC HOLIDAY</p>	<p>4</p> <p>9.00am Table Tennis</p> <p>9.45am Yogalates</p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>5</p> <p>8.00am Bootscooting for Beginners</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>9.45am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p><u>WEDNESDAY NIGHT BINGO EYES DOWN 7PM</u></p>	<p>6</p> <p>8.00am Gym with Steph—CANCELLED</p> <p>9.15am Beginners Yogalates</p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>7</p> <p>8.00am Gym with Steph—CANCELLED</p> <p>8.30am Gentle Gym with Steph—CANCELLED</p> <p>9.00am Art Group</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	<p>OFFICE HOURS 8.30am to 4.00pm Monday-Friday 9752 2232</p>
<p>10</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>11</p> <p>9.00am Table Tennis</p> <p>9.45am Yogalates</p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>12</p> <p>8.00am Bootscooting for Beginners</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>9.45am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p><u>WEDNESDAY NIGHT BINGO EYES DOWN 7PM</u></p>	<p>13</p> <p>8.00am Gym with Steph</p> <p>9.15am Beginners Yogalates</p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>14</p> <p>8.00am Gym with Steph</p> <p>8.30am Gentle Gym with Steph</p> <p>9.00am Art Group</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	<p>Massage & Beauty Call Treena: 0439 510 245 9am to 2.30pm <u>MONDAY ONLY</u></p> <hr/> <p><u>Hairdressers</u> Mobile 0447 126 642 <u>THURSDAY & FRIDAY ONLY</u></p>
<p>17</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>18</p> <p>9.00am Table Tennis</p> <p>9.45am Yogalates</p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>19</p> <p>8.00am Bootscooting for Beginners</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>9.45am Bootscooting</p> <p>11.00am Tai Chi—CANCELLED</p> <p>1.00pm Table Tennis</p> <p><u>WEDNESDAY NIGHT BINGO EYES DOWN 7PM</u></p>	<p>20</p> <p>8.00am Gym with Steph</p> <p>9.15am Beginners Yogalates</p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>21</p> <p>8.00am Gym with Steph</p> <p>8.30am Gentle Gym with Steph</p> <p>9.00am Art Group</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	<p>Every Saturday of the Month we have Indoor Bowls Start time 1.00 pm</p>
<p>24</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>25</p> <p>9.00am Table Tennis</p> <p>9.45am Yogalates</p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>26</p> <p>8.00am Bootscooting for Beginners</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>9.45am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p><u>WEDNESDAY NIGHT BINGO EYES DOWN 7PM</u></p>	<p>27</p> <p>8.00am Gym with Steph</p> <p>9.15am Beginners Yogalates</p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Sound Meditation & Mindful Movement with Jane—BYO Mat</p>	<p>28</p> <p>8.00am Gym with Steph</p> <p>8.30am Gentle Gym with Steph</p> <p>9.00am Art Group</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	
<p>31</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>					<p>Busselton Senior Citizens Centre 22 Peel Terrace Busselton WA 6280 Phone (08) 9752 2232 Email: manager@bscc.net.au</p>